

B&SB ASA BEST TIMES – WOMENS SHORT COURSE

AGE GROUP 25/29			AGE GROUP 30/34			AGE GROUP 35/39			AGE GROUP 40/44			AGE GROUP 45/49			AGE GROUP 50/54				
50	Back	34.30	Jane Admans	005	32.51	Kirsty Johnson	239	33.78	Lesley Cordial	075	32.91	Lesley Cordial	200	34.45	Carolynn Curtis	242	35.81	Anne Cork	080
100	Back	1:08.60	Jane Admans	005	1:11.76	Kirsty Johnson	242	1:13.90	Angela Wilson	700	1:13.80	Jane Radvan	029	1:16.79	Jane Radvan	093	1:16.36	Anne Cork	057
200	Back	2:20.23	Jane Admans	003	2:33.55	Dinah Lewis	792	2:40.36	Angela Wilson	079	2:37.13	Jane Radvan	034	2:41.91	Anne Cork	210	2:43.04	Anne Cork	057
50	Breast	33.18	Katie Henderson	200	35.02	Katie Henderson	239	35.72	Sheelah Turner	178	38.02	Karen Leftly	239	38.35	Amanda Heath	100	38.61	Amanda Heath	200
100	Breast	1:10.17	Katie Henderson	200	1:14.08	Katie Henderson	239	1:18.99	Sheelah Turner	178	1:23.93	Karen Leftly	239	1:20.64	Amanda Heath	099	1:22.47	Amanda Heath	200
200	Breast	2:30.29	Katie Henderson	200	2:35.72	Katie Henderson	239	3:04.67	Angela Wilson	703	3:00.62	Bridget Bewick	180	2:53.23	Amanda Heath	088	2:57.55	Amanda Heath	203
50	Fly	30.70	Katie Henderson	202	29.96	Kirstin Thys	064	31.46	Angela Wilson	703	30.91	Lesley Cordial	200	32.67	Joane Bullock	183	34.60	Amanda Heath	181
100	Fly	1:02.00	Sharon Davies	789	1:08.34	Kirstin Thys	056	1:11.08	Lesley Cordial	075	1:08.34	Lesley Cordial	200	1:12.64	Amanda Heath	088	1:15.73	Amanda Heath	180
200	Fly	2:41.41	Victoria Rickwood	239	2:33.81	Kirstin Thys	048	2:38.12	Angela Wilson	060	2:50.18	Jane Radvan	036	2:57.89	Amanda Heath	138	3:01.10	Amanda Heath	198
50	Free	27.98	Katie Henderson	202	27.90	Katie Henderson	240	28.96	Angela Wilson	051	28.29	Lesley Cordial	200	29.83	Carolynn Curtis	240	32.16	Amanda Heath	161
100	Free	56.60	Sharon Davies	90	1:02.21	Katie Henderson	239	1:03.58	Angela Wilson	047	1:01.80	Lesley Cordial	200	1:06.68	Carolynn Curtis	242	1:09.52	Amanda Heath	193
200	Free	1:59.29	Sarah Hardcastle	94	2:09.33	Katie Henderson	239	2:18.99	Angela Wilson	700	2:21.11	Angela Wilson	149	2:25.42	Bridget Bewick	239	2:31.45	Linda Brown	179
400	Free	4:07.04	Sarah Hardcastle	793	4:34.14	Katie Henderson	239	4:57.60	Lesley Cordial	075	4:56.24	Bridget Bewick	180	5:01.85	Bridget Bewick	239	5:17.61	Amanda Heath	198
800	Free	8:23.96	Jane Admans	002	9:54.26	Abigail Wroe	121	10:22.76	Angela Wilson	087	10:14.06	Bridget Bewick	180	10:58.49	Amanda Heath	135	10:37.50	Amanda Heath	198
1500	Free	20:37.46	Victoria Moore	182	18:47.17	Abigail Wroe	121	20:12.21	Angela Wilson	089	19:52.90	Bridget Bewick	182	20:52.12	Amanda Heath	141	20:18.80	Amanda Heath	204
100	IM	1:06.43	Katie Henderson	200	1:10.13	Katie Henderson	239	1:12.43	Angela Wilson	038	1:14.20	Angela Wilson	119	1:15.96	Amanda Heath	088	1:16.68	Amanda Heath	200
200	IM	2:15.30	Sharon Davies	789	2:26.34	Katie Henderson	239	2:35.78	Angela Wilson	700	2:40.11	Bridget Bewick	180	2:43.27	Bridget Bewick	239	2:45.81	Amanda Heath	158
400	IM	4:44.00	Sarah Hardcastle	95	5:08.10	Katie Henderson	239	5:34.70	Angela Wilson	700	5:38.86	Angela Wilson	114	5:40.02	Bridget Bewick	239	5:53.80	Amanda Heath	200

AGE GROUP 55/59			AGE GROUP 60/64			AGE GROUP 65/69			AGE GROUP 70/74			AGE GROUP 75/79				
50	Back	38.71	Anne Cork	161	43.55	Anne Cork	227	48.19	Kay Crosse	240	58.18	Mairi McLellan	108	1:09.63	Joyce Williams	041
100	Back	1:21.37	Anne Cork	167	1:31.67	Anne Cork	227	1:52.91	Kay Crosse	242	2:09.71	Mairi McLellan	092			
200	Back	2:53.14	Anne Cork	132	3:03.34	Anne Cork	227	4:18.34	Joan Bailey	193						
50	Breast	43.34	Anne Cork	142	53.02	Shirley Williams	212	54.46	Shirley Williams	041	56.85	Shirley Williams	092	1:03.29	Pauline Wilkinson	180
100	Breast	1:36.56	Anne Cork	179	2:09.56	Dorothy Surgeoner	021	2:10.09	Shirley Williams	013	2:11.37	Shirley Williams	105	2:29.58	Pauline Wilkinson	180
200	Breast	3:38.32	Anne Cork	175	4:19.12	Dorothy Surgeoner	021	4:59.06	Pauline Wilkinson	036	5:10.41	Pauline Wilkinson	099	5:29.13	Pauline Wilkinson	179
50	Fly	38.49	Anne Cork	161	53.33	Maureen Tomlinson	108	59.19	Maureen Tomlinson	202	1:02.88	Pauline Wilkinson	100			
100	Fly															
200	Fly															
50	Free	33.96	Annette Thatcher	156	42.87	Anne Cork	227	44.79	Mairi McLellan	040	46.64	Dorothy Surgeoner	105	54.36	Pauline Wilkinson	179
100	Free	1:17.38	Claire Moore	215	1:28.61	Anne Cork	227	1:42.00	Mairi McLellan	040	1:45.63	Dorothy Surgeoner	105	2:06.53	Pauline Wilkinson	178
200	Free	2:46.51	Claire Moore	225	3:03.34	Anne Cork	227	3:37.36	Dorothy Surgeoner	050	4:23.45	Pauline Wilkinson	099	4:38.49	Pauline Wilkinson	175
400	Free	5:42.90	Anne Cork	169	7:15.95	Joan Bailey	095	8:39.61	Pauline Wilkinson	029	9:13.04	Pauline Wilkinson	087	9:43.08	Pauline Wilkinson	175
800	Free	11:49.26	Anne Cork	175	14:41.92	Joan Bailey	089	18:14.72	Pauline Wilkinson	028	18:58.35	Pauline Wilkinson	087	20:35.17	Pauline Wilkinson	175
1500	Free	22:22.33	Claire Moore	225	27:17.88	Joan Bailey	089	59:59.99	Jan Fines-Allin	228						
100	IM	1:20.36	Anne Cork	083	1:28.61	Anne Cork	227	1:57.92	Dorothy Surgeoner	050	2:02.97	Mairi McLellan	092	2:51.17	Joyce Williams	041
200	IM	3:00.00	Anne Cork	132	4:04.90	Joan Bailey	095									
400	IM															



AMERSHAM



BRACKNELL & WOKING



CHALFONT

B&SB ASA BEST TIMES – WOMENS LONG COURSE

AGE GROUP 25/29

50	Back	33.34	Jane Admans	007
100	Back	1:08.67	Jane Admans	007
200	Back	2:18.20	Sharon Davies	90
50	Breast	34.62	Katie Henderson	201
100	Breast	1:13.19	Katie Henderson	201
200	Breast	2:37.68	Katie Henderson	201
50	Fly	28.87	Sharon Davies	010
100	Fly	1:13.13	Victoria Rickwood	233
200	Fly	2:27.94	Jane Admans	004
50	Free	28.87	Sharon Davies	010
100	Free	58.90	Sharon Davies	89
200	Free	2:01.90	Sarah Hardcastle	96
400	Free	4:13.38	Sarah Hardcastle	94
800	Free	8:37.30	Sarah Hardcastle	96
1500	Free	22:18.79	Lucy Roper	059
200	IM	2:19.30	Sharon Davies	89
400	IM	4:51.30	Sarah Hardcastle	96

AGE GROUP 30/34

35.56	Kirstin Thys	042
1:21.58	Kirstin Thys	042
2:43.11	Kirstin Thys	046
35.37	Siobhan Hartley	045
1:16.50	Katie Henderson	229
2:43.21	Katie Henderson	229
29.76	Kirstin Thys	058
1:08.17	Kirstin Thys	055
2:36.60	Kirstin Thys	042
28.56	Siobhan Hartley	072
1:02.71	Kirstin Thys	052
2:20.70	Kirstin Thys	042
4:47.05	Katie Henderson	229
10:26.81	Kirstin Thys	053
21:54.21	Kirstin Thys	054
2:35.47	Katie Henderson	229
5:24.06	Katie Henderson	229

AGE GROUP 35/39

34.79	Angela Wilson	042
1:14.94	Angela Wilson	045
2:40.93	Angela Wilson	045
39.30	Helen Davis	126
1:28.61	Karen Leftley	147
3:15.96	Julie Robinson	042
31.79	Angela Wilson	001
1:12.19	Angela Wilson	061
3:36.87	Lucy Roper	216
29.48	Angela Wilson	061
1:04.44	Angela Wilson	045
2:26.90	Lesley Cordial	133
5:08.44	Kirstin Thys	133
10:45.01	Kirstin Thys	129
20:09.40	Kirstin Thys	129
2:40.93	Angela Wilson	000
5:36.78	Julie Robinson	045

AGE GROUP 40/44

36.69	Philippa Collin	090
1:15.55	Jane Radvan	030
2:38.30	Jane Radvan	030
43.31	Philippa Collin	126
1:32.42	Anne Cork	024
3:12.44	Bridget Bewick	192
31.48	Lesley Cordial	201
1:09.74	Lesley Cordial	201
2:53.98	Jane Radvan	032
29.25	Lesley Cordial	201
1:04.26	Lesley Cordial	201
2:24.35	Lesley Cordial	172
5:08.67	Angelia Wilson	147
10:39.32	Bridget Bewick	159
20:48.48	Bridget Bewick	152
2:43.00	Bridget Bewick	159
5:52.02	Angela Wilson	133

AGE GROUP 45/49

36.90	Anne Cork	027
1:19.81	Anne Cork	014
2:48.34	Bridget Bewick	233
38.65	Amanda Heath	134
1:22.88	Amanda Heath	096
2:58.57	Amanda Heath	094
34.35	Amanda Heath	128
1:14.30	Amanda Heath	121
3:03.40	Amanda Heath	129
31.63	Philippa Collin	160
1:11.20	Amanda Heath	129
2:30.95	Bridget Bewick	233
5:09.06	Bridget Bewick	241
10:47.05	Bridget Bewick	241
21:42.24	Amanda Heath	129
2:44.57	Amanda Heath	241
5:52.39	Bridget Bewick	233

AGE GROUP 50/54

36.22	Anne Cork	059
1:18.35	Anne Cork	059
2:48.90	Anne Cork	061
39.19	Amanda Heath	172
1:24.83	Amanda Heath	172
3:02.47	Amanda Heath	201
34.47	Amanda Heath	196
1:16.60	Amanda Heath	152
2:48.69	Amanda Heath	201
32.77	Amanda Heath	196
1:13.06	Amanda Heath	150
2:39.14	Amanda Heath	145
5:40.29	Amanda Heath	145
11:27.39	Amanda Heath	145
21:49.68	Amanda Heath	145
2:48.69	Amanda Heath	201
6:04.64	Amanda Heath	152

AGE GROUP 55/59

39.49	Anne Cork	128
1:22.97	Anne Cork	133
2:58.22	Anne Cork	165
37.84	Anne Cork	133
37.84	Anne Cork	133
1:26.29	Anne Cork	128
2:56.67	Anne Cork	128
5:58.81	Anne Cork	128
11:56.28	Anne Cork	070
3:01.48	Anne Cork	133

AGE GROUP 60/64

56.16	Mairi McLellan	024
2:04.58	Ann Morris	133
4:12.51	Joan Bailey 074	074
1:18.00	Jan Finnes-Allin	207
2:36.00	Jan Finnes-Allin	207
5:11.99	Jan Finnes-Allin	207
54.97	Maureen Tomlinson	122
43.17	Mairi McLellan	024
1:50.62	Joan Bailey 074	074
3:41.26	Joan Bailey 074	074
7:41.71	Joan Bailey 074	074
15:42.91	Joan Bailey 082	082
59:59.99	Jan Finnes-Allin	208
4:17.59	Joan Bailey 074	074

AGE GROUP 65/69

1:06.46	Pauline Wilkinson	024
1:03.19	Pauline Wilkinson	024
2:22.68	Pauline Wilkinson	024
45.98	Pauline Wilkinson	024
1:50.71	Pauline Wilkinson	024
3:50.17	Joan Bailey	127
7:27.72	Joan Bailey	127

AGE GROUP 70/74

1:06.60	Pauline Wilkinson	134
2:33.58	Pauline Wilkinson	150
52.16	Pauline Wilkinson	134
2:07.01	Pauline Wilkinson	134
4:39.76	Pauline Wilkinson	101
9:42.03	Pauline Wilkinson	101

AGE GROUP 75/79

1:03.14	Shirley Williams	194
2:26.93	Shirley Williams	201
58.83	Shirley Williams	201
2:23.39	Shirley Williams	194
4:46.77	Shirley Williams	194



Chesham Swimming Club

CHESHAM

MAIDENHEAD



MARLINS

MAIDENHEAD



NEWBURY

B&SB ASA BEST TIMES – MENS SHORT COURSE

AGE GROUP 25/29

50	Back	28.99	Andrew Allum	067
100	Back	1:00.00	Andrew Allum	076
200	Back	2:16.89	Andrew Allum	084
50	Breast	30.97	Stephen Mott	062
100	Breast	1:07.59	Darren Shearsby	022
200	Breast	2:23.54	Darren Shearsby	025
50	Fly	26.22	Neil Ferguson	107
100	Fly	57.45	Neil Ferguson	205
200	Fly	2:23.10	David Stannard	210
50	Free	24.48	Karl Buchholtz	121
100	Free	53.20	Karl Buchholtz	138
200	Free	1:56.83	Darren Shearsby	025
400	Free	4:11.59	Darren Shearsby	022
800	Free	8:55.65	David Fyche	121
1500	Free	19:14.50	Andrew Allum	068
100	IM	1:00.75	Neil Ferguson	205
200	IM	2:13.35	Neil Ferguson	107
400	IM	5:02.69	Stephen Mott	062

AGE GROUP 30/34

28.86	Karl Buchholtz	202
1:00.35	Andrew Allum	169
2:14.94	Andrew Allum	169
32.06	Sam Rosenberg	177
1:14.69	R Hutchinson	001
2:47.77	David Stannard	066
26.53	Karl Buchholtz	180
1:00.12	Karl Buchholtz	180
2:27.18	David Stannard	080
23.74	Karl Buchholtz	180
52.27	Karl Buchholtz	200
1:56.31	Karl Buchholtz	200
4:25.48	Karl Buchholtz	225
9:15.74	David Stannard	099
18:29.45	Andrew Allum	153
1:00.97	Karl Buchholtz	200
2:28.37	Andrew Allum	125
5:11.48	David Stannard	080

AGE GROUP 35/39

29.84	Roger Wellman	048
1:03.59	Roger Wellman	048
2:17.41	Roger Wellman	062
31.93	Neil Kemp	180
1:08.20	David Milburn	037
2:32.97	Neil Kemp	180
27.56	Peter Smith	181
1:01.70	Peter Smith	181
2:35.96	Andrew Allum	203
25.61	Peter Smith	138
56.04	Peter Smith	181
2:05.78	Peter Smith	131
4:27.62	David Stannard	200
9:24.37	David Stannard	138
18:30.48	Andrew Allum	225
1:05.67	Tim Mandeville	048
2:32.17	Andrew Allum	191
5:20.12	Andrew Allum	191

AGE GROUP 40/44

30.32	Chris Ehinger	204
1:06.80	Roger Wellman	088
2:23.64	Roger Wellman	088
31.97	Neil Kemp	137
1:11.84	David Milburn	137
2:39.94	David Milburn	137
28.31	Thomas Greenwood	048
1:05.53	Simon Mellor	239
2:36.11	Iain Gerrard	062
24.89	Andrew Moore	138
55.70	Thomas Greenwood	048
2:02.55	Thomas Greenwood	048
4:25.18	Shawn Morgan	138
9:11.13	Shawn Morgan	138
19:18.26	Roger Wellman	203
1:07.30	Andrew Moore	206
2:29.36	Roger Wellman	088
5:21.17	Shawn Morgan	158

AGE GROUP 45/49

31.32	Guy Emerson	200
1:10.51	Guy Emerson	200
2:33.97	Iain Gerrard	138
31.82	Dave Milburn	200
1:10.25	Dave Milburn	205
2:38.98	Dave Milburn	200
28.12	Thomas Greenwood	105
1:04.54	Thomas Greenwood	121
2:35.87	Iain Gerrard	088
25.75	Thomas Greenwood	121
57.41	Thomas Greenwood	121
2:06.31	Thomas Greenwood	121
4:41.10	Iain Gerrard	099
9:53.75	John Shackleton	036
18:54.47	Iain Gerrard	088
1:08.64	David Milburn	203
2:36.72	Duncan McCreadie	292
5:33.47	Iain Gerrard	099

AGE GROUP 50/54

33.14	Iain Gerrard	158
1:16.59	Roger Harford	214
2:49.91	Duncan McCreadie	299
34.75	Denis Thys	029
1:19.40	Denis Thys	029
3:04.76	Denis Thys	298
31.30	Steve Papps	157
1:10.99	Iain Gerrard	156
2:44.75	Iain Gerrard	200
27.35	Duncan McCreadie	295
1:01.22	Duncan McCreadie	295
2:14.96	Iain Gerrard	158
4:44.87	Iain Gerrard	158
9:53.94	Iain Gerrard	200
19:05.93	Iain Gerrard	158
1:11.47	Duncan McCreadie	021
2:34.52	Iain Gerrard	200
5:30.12	Iain Gerrard	158

AGE GROUP 55/59

50	Back	35.36	Michael Daniel	021
100	Back	1:19.47	Duncan McCreadie	201
200	Back	2:44.36	Duncan McCreadie	203
50	Breast	35.60	Denis Thys	086
100	Breast	1:24.18	Denis Thys	105
200	Breast	3:04.59	Duncan McCreadie	203
50	Fly	32.38	Duncan McCreadie	200
100	Fly	1:13.17	Duncan McCreadie	203
200	Fly	2:59.46	David Davenport	203
50	Free	27.52	Duncan McCreadie	048
100	Free	59.98	Duncan McCreadie	044
200	Free	2:09.76	Duncan McCreadie	080
400	Free	4:39.95	Duncan McCreadie	062
800	Free	9:55.48	Duncan McCreadie	201
1500	Free	19:16.08	Duncan McCreadie	203
100	IM	1:10.29	Duncan McCreadie	044
200	IM	2:32.71	Duncan McCreadie	048
400	IM	5:44.65	Duncan McCreadie	060

AGE GROUP 60/64

34.82	Duncan McCreadie	203
1:17.48	Duncan McCreadie	120
2:42.89	Duncan McCreadie	205
36.53	Duncan McCreadie	142
1:21.39	Duncan McCreadie	206
3:00.62	Duncan McCreadie	208
32.01	Michael Daniel	080
1:16.04	Michael Daniel	048
3:07.38	Michael Daniel	080
28.73	Duncan McCreadie	121
1:01.05	Duncan McCreadie	114
2:11.78	Duncan McCreadie	135
4:40.45	Duncan McCreadie	138
9:43.83	Duncan McCreadie	103
18:54.83	Duncan McCreadie	114
1:12.49	Duncan McCreadie	205
2:31.82	Duncan McCreadie	205
5:42.86	Duncan McCreadie	121

AGE GROUP 65/69

37.18	Michael Daniell	121
1:23.09	Michael Daniell	138
2:53.88	Duncan McCreadie	236
41.44	Duncan McCreadie	237
1:33.04	Duncan McCreadie	238
3:21.28	Duncan McCreadie	242
32.94	Michael Daniell	121
1:18.84	Michael Daniell	121
3:14.19	Michael Daniell	138
30.74	Duncan McCreadie	225
1:05.96	Duncan McCreadie	223
2:21.73	Duncan McCreadie	225
5:04.30	Duncan McCreadie	239
10:36.94	Duncan McCreadie	239
24:35.04	Nigel Salsbury	121
1:18.58	Duncan McCreadie	224
2:50.21	Duncan McCreadie	239
8:33.24	John Jeffery	028

AGE GROUP 70/74

39.16	Nigel Salsbury	224
1:28.51	Nigel Salsbury	225
3:16.31	Nigel Salsbury	224
45.46	John Starbrook	038
1:52.39	John Jeffery	083
4:15.45	John Jeffery	097
35.24	Michael Daniel	225
1:24.45	Michael Daniel	225
3:36.11	Michael Daniel	225
32.68	Francis Halshaw	161
1:15.39	Francis Halshaw	138
2:58.62	Michael Daniel	225
6:50.49	Francis Halshaw	138
13:53.91	Nigel Salsbury	219
28:29.49	John Jeffery	081
1:55.31	John Jeffery	083
3:36.36	Michael Daniel	223
9:48.62	John Jeffery	087

AGE GROUP 75/79

48.77	Richard Harding	181
1:54.96	Richard Harding	195
4:08.84	Richard Harding	195
53.98	John Jeffery	146
2:02.79	John Jeffery	146
41.35	John Jeffery	146
1:39.39	John Jeffery	146
4:04.38	Richard Harding	168
9:08.16	Richard Harding	175
18:51.31	Richard Harding	180



READING



SLOUGH & ETON



TILEHURST

B&SB ASA BEST TIMES – MENS LONG COURSE

AGE GROUP 25/29

50	Back	27.53	Simon Burnett	166
100	Back	55.37	Simon Burnett	201
200	Back	2:11.26	Simon Burnett	234
50	Breast	31.61	Stephen Mott	045
100	Breast	1:10.31	Stephen Mott	043
200	Breast	2:32.91	Darren Shearsby	022
50	Fly	26.52	Simon Burnett	235
100	Fly	53.04	Simon Burnett	235
200	Fly	2:16.12	Neil Ferguson	098
50	Free	22.16	Simon Burnett	235
100	Free	48.20	Simon Burnett	176
200	Free	1:50.00	Simon Burnett	195
400	Free	4:25.08	Neil Ferguson	111
800	Free	9:20.47	David Stannard	014
1500	Free	19:10.36	Andrew Allum	059
200	IM	2:06.38	Simon Burnett	166
400	IM	5:20.16	Leon Youngman	096

AGE GROUP 30/34

29.36	Andrew Allum	147
1:02.50	Andrew Allum	147
2:20.01	Andrew Allum	147
36.07	David Hudson	032
1:20.87	David Hudson	032
2:52.64	David Stannard	086
27.28	Karl Buchholtz	173
1:02.24	Karl Buchholtz	173
2:35.22	David Stannard	094
24.78	Karl Buchholtz	173
54.42	Karl Buchholtz	173
2:04.25	Karl Buchholtz	196
4:33.56	David Stannard	112
9:27.45	David Stannard	112
18:55.05	Andrew Allum	139
2:32.77	David Stannard	085
5:33.31	Andrew Allum	124

AGE GROUP 35/39

30.81	Andrew Allum	191
1:05.01	Andrew Allum	196
2:23.12	Andrew Allum	196
32.19	Neil Kemp	096
1:10.66	Neil Kemp	096
2:30.39	Tim Mandeville	035
28.26	Peter Smith	134
1:03.64	Peter Smith	134
2:32.04	Andrew Allum	208
25.37	Graham Edmunds	196
56.24	Graham Edmunds	196
2:08.34	David Stannard	129
4:36.70	David Stannard	129
9:42.57	David Stannard	129
19:01.56	David Stannard	134
2:32.98	David Stannard	171
5:29.95	Andrew Allum	208

AGE GROUP 40/44

39.19	David Williams	059
2:05.50	Andrew Lane	207
4:10.99	Andrew Lane	207
32.12	Neil Kemp	150
1:12.30	Neil Kemp	150
2:42.14	Neil Kemp	042
28.86	Thomas Greenwood	086
1:05.83	Thomas Greenwood	086
2:48.14	Iain Gerrard	059
25.54	Andrew Moore	134
55.94	Andrew Moore	134
2:07.89	Thomas Greenwood	045
4:35.68	Thomas Greenwood	046
10:02.64	David Stannard	233
23:20.99	Freddie Eastman	206
2:33.85	Eric Andrews	201
6:59.89	Nat Wakely	160

AGE GROUP 45/49

31.66	Guy Emerson	196
1:11.10	Guy Emerson	196
2:43.86	Guy Emerson	173
32.66	David Milburn	192
1:12.51	David Milburn	192
2:41.98	David Milburn	152
28.94	Thomas Greenwood	134
1:06.51	Thomas Greenwood	165
2:43.30	Iain Gerrard	086
26.55	Thomas Greenwood	134
58.36	Thomas Greenwood	136
2:09.27	Thomas Greenwood	136
4:46.85	Iain Gerrard	094
10:18.48	Iain Gerrard	112
19:28.15	Iain Gerrard	112
2:40.67	Iain Gerrard	086
6:10.10	Duncan McCreddie	294

AGE GROUP 50/54

36.22	Iain Gerrard	216
1:20.72	Adrian Barker	133
3:10.05	Denis Thys	298
36.01	Denis Thys	298
1:20.93	Denis Thys	298
3:12.33	Iain Gerrard	145
32.07	Duncan McCreddie	295
1:17.01	Iain Gerrard	233
2:53.14	Iain Gerrard	152
28.48	Duncan McCreddie	295
1:02.16	Duncan McCreddie	295
2:18.62	Duncan McCreddie	027
5:01.52	Iain Gerrard	145
10:02.64	Iain Gerrard	233
19:59.56	Iain Gerrard	233
2:42.15	Iain Gerrard	194
5:46.54	Iain Gerrard	150

AGE GROUP 55/59

50	Back	35.99	Denis Thys	140
100	Back	1:29.55	Nigel Salsbury	032
200	Back	3:13.38	Nigel Salsbury	032
50	Breast	37.02	Denis Thys	091
100	Breast	1:30.65	Duncan McCreddie	073
200	Breast	5:20.00	Michael Harrison	228
50	Fly	32.20	Duncan McCreddie	045
100	Fly	1:23.97	Michael Daniel	024
200	Fly	2:59.02	David Davenport	171
50	Free	28.30	Duncan McCreddie	042
100	Free	1:01.77	Duncan McCreddie	045
200	Free	2:14.85	Duncan McCreddie	078
400	Free	4:46.95	Duncan McCreddie	061
800	Free	10:18.89	Duncan McCreddie	059
1500	Free	20:45.40	Andy Huckle	233
200	IM	2:37.89	Duncan McCreddie	042
400	IM	6:44.64	Denis Thys	140

AGE GROUP 60/64

37.90	Michael Daniel	074
1:25.87	Duncan McCreddie	165
2:51.95	Duncan McCreddie	106
40.00	Duncan McCreddie	102
1:43.51	Charlie Lane	030
33.78	Duncan McCreddie	147
1:21.68	Michael Daniel	074
3:20.58	Michael Daniel	074
29.07	Duncan McCreddie	205
1:03.04	Duncan McCreddie	205
2:15.34	Duncan McCreddie	133
4:51.23	Duncan McCreddie	115
10:02.40	Duncan McCreddie	118
19:26.67	Duncan McCreddie	110
2:40.00	Duncan McCreddie	205
5:46.05	Duncan McCreddie	205

AGE GROUP 65/69

37.88	Nigel Salsbury	194
1:24.66	Nigel Salsbury	112
3:04.60	Nigel Salsbury	102
50.59	Roger Harford	150
2:02.77	John Jeffrey	032
4:05.56	John Jeffrey	032
33.90	Michael Daniell	134
1:25.22	Michael Daniell	134
3:28.29	Michael Daniell	134
32.40	Francis Halshaw	204
1:08.33	Duncan McCreddie	221
2:27.75	Duncan McCreddie	221
5:16.71	Duncan McCreddie	221
10:56.58	Duncan McCreddie	221
24:54.92	Nigel Salsbury	129
2:55.84	Duncan McCreddie	221
9:13.12	John Jeffrey	032

AGE GROUP 70/74

39.00	Nigal Salbury	229
1:29.99	Nigal Salbury	216
3:19.81	Nigal Salbury	216
57.85	John Jeffery	085
1:55.69	John Jeffery	085
36.05	Michael Daniel	226
1:32.68	Michael Daniel	208
3:57.91	Michael Daniel	226
33.14	Francis Halshaw	134
1:18.94	Francis Halshaw	134
3:08.68	Francis Halshaw	128
6:55.37	Francis Halshaw	128
14:01.01	Nigal Salbury	216

AGE GROUP 75/79

56.44	Richard Harding	172
1:52.88	Richard Harding	172
4:12.99	Richard Harding	172
56.44	Richard Harding	172
1:52.88	Richard Harding	172
4:12.99	Richard Harding	172



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